

Feed Your Spirit  
1 Corinthians 10:13  
10/21/2018  
How to Escape Week 4

*No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.* 1 Corinthians 10:13

FEED YOUR SPIRIT

- FEED YOUR SPIRIT WITH PRAYER.

*“Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”* Matthew 26:41

- FEED YOUR SPIRIT WITH GOD’S WORD.

*How can a young person stay on the path of purity? By living according to your word.<sup>10</sup> I seek you with all my heart; do not let me stray from your commands.<sup>11</sup> I have hidden your word in my heart that I might not sin against you.* Psalm 119:9-11

- FEED YOUR SPIRIT WITH THE RIGHT PEOPLE.

*Do not be misled: “Bad company corrupts good character.”<sup>34</sup> Come back to your senses as you ought, and stop sinning... 1 Corinthians 15:33-34*

WRITE DOWN WHICH OF THE ABOVE YOU WILL FOCUS ON TO FEED AND STRENGTHEN YOUR SPIRIT: \_\_\_\_\_