

FIGHT FAIR

James 1:19-20

Beginning Today Week 2

1. SEEK GOD
2. FIGHT FAIR

"... Everyone should be quick to listen, slow to speak and slow to become angry, 20 for man's anger does not bring about the righteous life that God desires." - James 1:19-20

GOD'S RULES FOR FIGHTING FAIR:

- STOP TO LISTEN CAREFULLY.

"...Everyone should be quick to listen..." -James 1:19

"A fool finds no pleasure in understanding but delights in airing his own opinions." - Proverbs 18:2

- GUARD YOUR WORDS FAITHFULLY.

"Everyone should be quick to listen, slow to speak..." - James 1:19

"Watch your tongue and keep your mouth shut, and you will stay out of trouble." - Proverbs 21:23 NLT

THINGS NEVER TO SAY OR DO IN FIGHT WITH YOUR SPOUSE:

- Never call NAMES.
- Never raise your VOICE.
- Never get HISTORICAL.
- Never say NEVER or ALWAYS.
- Never threaten DIVORCE.
- Never quote your PASTOR during a fight.

- HANDLE YOUR ANGER RIGHTEOUSLY.

"... Everyone should be quick to listen, slow to speak and slow to become angry..." - James 1:19

"In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold." - Ephesians 4:26-27

FOUR SIGNS YOU AREN'T FIGHTING FAIR:

- 1) CRITICIZING
- 2) CONTEMPT
- 3) DEFENSIVENESS
- 4) STONEWALLING

"Do not be overcome by evil, but overcome evil with good." - Romans
12:21