

Thoughts

Proverbs 23:7 & Romans 12:2

Little Things, Major Outcome Week 2

IT'S OFTEN THE LITTLE THINGS THAT NO ONE SEES THAT RESULT IN THE MAJOR OUTCOME THAT EVERYONE WANTS.

*“For as he thinks in his heart, so is he...” - Proverbs 23:7 NKJV*

THOUGHT AUDIT

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

*“Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.”- Romans 12:2 NLT*

HOW DO YOU CHANGE THE WAY YOU THINK?

- CAPTURE DESTRUCTIVE THOUGHTS.

*“For though we live in the world, we do not wage war as the world does. <sup>4</sup> The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”- 2 Corinthians 10:3-5 NIV*

- FIX YOUR THOUGHTS ON SPIRITUAL THINGS.

*“And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. <sup>9</sup>...Then the God of peace will be with you.”- Philippians 4:8-9 NLT*

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*“May all my thoughts be pleasing to him, for I rejoice in the Lord.”-*  
Psalm 104:34 NLT

**Deeper Thoughts & Life Application**

- What destructive thoughts do you need to capture?
- What steps will you take to fix your thoughts on spiritual things?
- What’s your one thought? How might your one thought relate to your one word?