

HABITS

Romans 7:15, 18-20, 24-25

Little Things, Major Outcomes Week 4

IT'S THE LITTLE THINGS THAT NO ONE SEES THAT RESULT IN THE MAJOR OUTCOMES EVERYONE WANTS.

We ARE what we REPEATEDLY do.

Discipline is CHOOSING between what you want NOW and what you want MOST.

WHY AM I SO INCONSISTENT?

"I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. ¹⁸ ... I want to do what is right, but I can't. ¹⁹ I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. ²⁰ But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it. ²⁴ Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? ²⁵ Thank God! The answer is in Jesus Christ our Lord..." - Romans 7:15, 18-20, 24-25 NLT

TRAINING TO WIN WHAT MATTERS MOST

"Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! ²⁵ All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize." - 1 Corinthians 9:24-25 NLT

"So I run with purpose in every step. I am not just shadowboxing. ²⁷ I discipline my body like an athlete, training it to do what it should..." - 1 Corinthians 9:26-27 NLT

- WHAT DO YOU WANT MOST?

- MY ONE DISCIPLINE: WHAT DO YOU NEED TO DO NOW TO HAVE WHAT YOU WANT MOST?

Deeper Thoughts & Life Application

- Where in life are you most lacking discipline? How has that affected you?
- What's the one thing you want most?
- What do you need to do now to have what you want most?