

APPROVAL SEEKING  
Proverbs 29:25 & Galatians 1:10  
Life on the Treadmill Week 4

*"Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe."* - Proverbs 29:25 NIV

THREE PROBLEMS PEOPLE PLEASERS BATTLE:

- 1) You OBSESS about what other people THINK.
- 2) You are often overly sensitive to CRITICISM.
- 3) You have a HARD time saying "NO."

Becoming obsessed with what people think about you is the fastest way to forget about what God thinks about you.

*"Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant."* - Galatians 1:10 NLT

FACTS ABOUT THE DISEASE TO PLEASE:

- People pleasing is a form of IDOLATRY.

*"... But because of the Pharisees they would not openly acknowledge their faith for fear they would be put out of the synagogue; <sup>43</sup>for they loved human praise more than praise from God."* - John 12:42-43 NIV

- The APPROVAL of God sets us FREE from the disease to please!

*"On the contrary, we speak as those approved by God to be entrusted with the gospel. We are not trying to please people but God, who tests our hearts. ... <sup>6</sup>We were not looking for praise from people, not from you or anyone else ..."* - 1 Thessalonians 2:4, 6 NIV

WHO DOES GOD SAY YOU ARE?

- You are a new creation in Christ. (2 Corinthians 5:17)
- You are forgiven and your sins are washed away. (Ephesians 1:7)
- You are more than a conqueror through Christ. (Romans 8:37)

- You are God's masterpiece. (Ephesians 2:10)
- You are the light of this world. (Matthew 5:14)
- You are filled with the same spirit that raised Christ. (Romans 8:11)
- You are a joint heir with Christ. (Romans 8:17)
- You are Christ's ambassador. (2 Corinthians 5:20)
- You are the righteousness of God in Christ. (2 Corinthians 5:21)
- You are greatly loved by God. (Romans 1:7)

Deeper Thoughts & Life Application

- Whose approval are you seeking?
- What steps can you take to truly start embracing who God says you are?